

Alcoholism Does Effect Children; Movie to be Presented

12-26-85

"Shattered Spirits" a movie about the effects of Alcoholism on children will appear Friday, January 6th from 8 p.m. to 10 p.m.

Alcoholism often causes parents to be emotionally unavailable to their children. Children of alcoholic parents often taken responsibility for parental tasks at a very young age. Quite often this over responsibility helps the adult child of an alcoholic develop a successful career and pride themselves on surviving a difficult childhood. Unfortunately they often find that intimate relationships are very difficult for them. This is often because they have learned not to trust, feel or talk about intimate subjects. For an adult child of an alcoholic or anyone who had emotionally distant or unavailable parents it is much easier to trust one's self and not rely or share with others. Quite often the adult child will abuse alcohol or drugs themselves to withdraw from family

and friends because of the difficulty in communicating intimately. Constant work, travel or T.V. watching also are methods of avoiding intimacy. It is not unusual for an adult child of an alcoholic to marry an alcoholic or drug abuser even though they abstain. This may be due to role modeling of their parents or because intimacy can be avoided when a spouse constantly withdraws with alcohol or drugs.

The important issue is that once an adult child or an alcoholic recognizes they have intimacy problems they can change their former decisions of not talking about close issues, not trusting, and avoiding or expressing feelings. Support groups or counselors familiar with alcohol issues can be helpful in making changes in intimate relationships.

For further literature or information on the upcoming education group for adult children of alcoholism, contact Rob at 654-3003.

ONE MAGIC CHRISTMAS

6:30 P.M. NIGHTLY

CLOSED SUNDAY



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YOUNG SHERLOCK HOLMES

PG-13

A PARAMOUNT PICTURE

8:30

CLOSED
SUNDAY

AFTER SCHOOL DAY CARE FOR WORKING PARENTS

Easy for bus students (1 block from Central School), dinner served, tutoring, relaxed home atmosphere. 10 openings available. 1:00-10:30 P.M. Begins January 2, 1986.

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